

**BERKSHIRE & SOUTH BUCKINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION
COUNTY AND AGE GROUP CHAMPIONSHIPS 2016**

**16, 17, 30 JANUARY AND 6 FEBRUARY 2016
AT MAGNET LEISURE CENTRE, MAIDENHEAD, & ALDERSHOT GARRISON SPORTS
CENTRE, ALDERSHOT**

INFORMATION FOR COMPETITORS

DIRECTIONS TO MAGNET LEISURE CENTRE (all sessions except 800/1500m Free and Open Relays)

Directions and details of parking can be found at

http://www3.rbwm.gov.uk/info/200357/council_car_parks/913/maidenhead_area_car_parks/4.

The cheapest place to park is in the Hines Meadow car park. This is free on Sundays. Full details can be found at http://www3.rbwm.gov.uk/info/200357/council_car_parks/913/maidenhead_area_car_parks/3. Please note the description of the short and long stay areas.

Please note that on 16 January and 6 February Magnet will not permit spectators into the gallery or swimmers into the changing rooms and onto poolside until 11:15am. Swimmers and spectators arriving before these times will be asked to wait in the main sports hall.

DIRECTIONS TO ALDERSHOT GARRISON POOL (800/1500m Free and Open Relays)

Directions can be found at <http://bsbasa.org/champs/2010/Aldershot.htm>. Parking is free.

ACCEPTED SWIMS SUMMARY

All swimmers who met the consideration times have been accepted.

ENTRY INFORMATION

No cards will be produced for individual events. Errors to the entry information in the accepted swims document can normally be corrected before the meet (please email jim7737@btinternet.com). It is most unlikely that corrections will be possible on the day.

REGISTERING FOR THE 800/1500m

All swimmers for the 800/1500m events must sign in. If swimmers do not sign in, they will not be able to swim.

TEAM EVENTS

Team declaration forms for each team entered can be collected from the trays by the results office from 11:15am on 16 January. These must be completed with the names of the swimmers who will swim and lodged with the meet organisers prior to 4:30pm on 30 January and 4:00pm on 6 February. Please note that in the case of 6 February, this is mid-way through the session before the relay session. If you do not submit the form, your team will be withdrawn.

WITHDRAWING FROM AN INDIVIDUAL EVENT (except 800m and 1500m Free)

It is very important that swimmers withdraw from any event they have entered but do not intend to swim. If swimmers do not withdraw, heats will inevitably be swum with empty lanes. Swimmers should notify withdrawals to their club's team manager, who will then inform the meet organisers. Clubs with an unacceptable level of unreported withdrawals will be reported to the Performance Swimming Events Committee who may impose a penalty, including a fine.

REPORTING FOR EVENTS

It is the responsibility of each swimmer to make sure they report to the competitor stewards in good time for their swim. Start lists will be posted on pool side before the start of each session. Please note that all individual events other than the 400m, 800m and 1500m Free are seeded fast to slow.

WITHDRAWING FROM FINALS

The list of finalist for events with finals will be published as soon as possible after the heats have been completed. This list of finalist will also contain a "withdraw by time". Finalist (including reserves) who wish to withdraw (which should be in exceptional circumstances only) must complete a "finals withdrawal" form. This form will be available from the meet administration team and must be lodged with the meet office before the posted "withdrawal time". A fine of £10 will be levied on clubs in respect of all finalists (including reserves) who do not compete without having lodged a finals withdrawal form in accordance with the above condition. The on-line entry process for future BSBASA performance swimming competitions will be blocked for clubs which have unpaid fines.

SESSION TIMES

Please note the actual session times differ slightly from those provisionally published. The revised session times are (changes highlighted in red bold):

Sess	Warmup / Withdraw by	Racing starts	Notes
1	11.30	12.20	
2	15:45	16:35	
3	09:15	10:05	
4	13:45	14:35	
5	16:30	17:00	AT ALDERSHOT - Sign in by 16:30 for 800m; Relay Declaration forms by 16:30
6	19:00	19:20	AT ALDERSHOT - Sign in by 19:00 for 800m
7	11:30	12:05	
8	14:20	15:10	
9	18:00	18:50	Post team declaration forms by 16:00

SPACE LIMITATION AT MAGNET

Space is at a premium at Magnet and we ask you not to keep swimming bags on poolside and in the spectator area. Putting bags in the lockers will help to make the best of the limited space.