

BERKSHIRE AND SOUTH BUCKINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION

(A Sub region of ASA South East Region)

TROPHY WINNERS 2009

WOMEN

50 Metres Freestyle	The Reading S.C. Sprint Cup	Elizabeth Hetherington	Amersham SC
100 Metres Freestyle	The Jackson Silver Bowl	Elizabeth Hetherington	Amersham SC
200 Metres Freestyle	The Spitfire Silver Cup	Emma Harris	Reading SC
400 Metres Freestyle	The Speer Silver Cup	Emma Harris	Reading SC
800 Metres Freestyle	The Spindler Silver Cup	Emma Harris	Reading SC
1500 Metres Freestyle	No Trophy Currently		
50 Metres Breaststroke	The H. Wilkinson Trophy	Elizabeth Hetherington	Amersham SC
100 Metres Breaststroke	The Wycombe Cup	Sophie Elphick	Amersham SC
200 Metres Breaststroke	The Maurice Bradley Cup	Sophie Elphick	Amersham SC
50 Metres Backstroke	The Tom Chambers Cup	Kathryn Willis	BWSC
100 Metres Backstroke	The Edminson Trophy	Kathryn Willis	BWSC
200 Metres Backstroke	The Gasket Trophy	Katherine Shaw	Amersham SC
50 Metres Butterfly	The Chalfont Otters S.C. Trophy	Eleanor Wood	Reading SC
100 Metres Butterfly	The H.J. Prescott Trophy	Eleanor Wood	Reading SC
200 Metres Butterfly	The Lawrie Cup	Elizabeth Gray	Tilehurst SC
100 Metres Ind Medley	No trophy currently		
200 Metres Ind. Medley	The Lambert Silver Cup	Elizabeth Hetherington	Amersham SC
400 Metres Ind. Medley	The Slough S.C. Trophy	Elizabeth Hetherington	Amersham SC

GIRLS

50 Metres Freestyle	The Berkshire Trophy Centre Cup	Megan Hipkiss	WDSC
100 Metres Freestyle	The Biggs Silver Cup	Katherine Shaw	Amersham SC
200 Metres Freestyle	The Chiltern Cup	Annabel Humphreys	BWSC
400 Metres Freestyle	The S.P. & S. Rose Bowl	Elizabeth Gray	Tilehurst SC
800 Metres Freestyle	The Waitrose Cup	Sophie Elphick	Amersham SC
1500 Metres Freestyle	No Trophy Currently		
50 Metres Breaststroke	The Windsor S.C. Cup	Florence Claringbold	Windsor SC
100 Metres Breaststroke	The Prescott Trophy	Sophie Elphick	Amersham SC
200 Metres Breaststroke	The Lorraine Burt Cup	Sophie Elphick	Amersham SC
50 Metres Backstroke	The Tilson Cup	Katherine Shaw	Amersham SC
100 Metres Backstroke	The Davies Silver Cup	Katherine Shaw	Amersham SC
200 Metres Backstroke	The Carmen Trophy	Katherine Shaw	Amersham SC
50 Metres Butterfly	The Mrs. M.G. Lambert Cup	Eleanor Wood	Reading SC
100 Metres Butterfly	The Newbury Silver Cup	Eleanor Wood	Reading SC
200 Metres Butterfly	The Bracknell Cup	Elizabeth Gray	Tilehurst SC
100 Metres Ind Med	No trophy currently		
200 Metres Ind. Medley	The Reading Cup	Annabel Humphreys	BWSC
400 Metres Ind. Medley	The Jane Admans Trophy	Sophie Elphick	Amersham SC

TEAMS

Women's Freestyle Team	The County Silver Bowl	Amersham "A" SC
Women's Medley Team	Slough Community Centre Trophy	Amersham "A" SC
Girls Freestyle Team	The Lyon Mackie Trophy	No Championship Held
Girls Medley Team	The Bracknell Cup	No Championship Held

AGGREGATE TROPHIES

Ladies Club Aggregate	Dockery Trophy	Amersham SC
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AGE GROUP

Girls Aggregate	The Parker Silver Cup	Eilidh MacGregor	BWSC
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MENS

50 Metres Freestyle	The Reading S.C. Sprint Cup	Jamie Shields	BWSC
100 Metres Freestyle	The S. C. A. S. A Silver Cup	Adam Barrett	Reading SC
200 Metres Freestyle	The Anchor Pools Cup	Adam Barrett	Reading SC
400 Metres Freestyle	The Berkshire Clubs Silver Cup	Adam Barrett	Reading SC
800 Metres Freestyle	The Ken Gabriel Memorial Trophy	Sam Moreton	BWSC
1500 Metres Freestyle	The Carter Silver Trophy	Gordon Laing	BWSC
50 Metres Breaststroke	The Bracknell S. C. Trophy	Jamie Shields	BWSC
100 Metres Breaststroke	The Trophy Secretaries Cup	Andrew Willis	BWSC
200 Metres Breaststroke	The Smith Silver Cup	Andrew Willis	BWSC
50 Metres Backstroke	The Reading Cup	Adam Barrett	Reading SC
100 Metres Backstroke	The Upton Silver Cup	Andrew Willis	BWSC
200 Metres Backstroke	The Gasket Trophy	Andrew Willis	BWSC
50 Metres Butterfly	The Slough Dolphin S.C. Trophy	Adam Barrett	Reading SC
100 Metres Butterfly	The Burt Trophy	Steven King	BWSC
200 Metres Butterfly	The Walker Cup	Steven King	BWSC
100 Metres Ind Medley	No trophy currently		
200 Metres Ind. Medley	The Reading Mercury Cup	Andrew Willis	BWSC
400 Metres Ind. Medley	The Slough S.C. Trophy	Andrew Willis	BWSC

BOYS

50 Metres Freestyle	The Hamilton Smith Cup	William Rea	Chesham SC
100 Metres Freestyle	The Rowland Kent Silver Cup	William Rea	Chesham SC
200 Metres Freestyle	The G.W. Andree Rose Bowl	William Rea	Chesham SC
400 Metres Freestyle	The Speedo Trophy	William Rea	Chesham SC
800 Metres Freestyle	No Trophy Currently		
1500 Metres Freestyle	The Usher Trophy	Calum MacGregor	BWSC
50 Metres Breaststroke	The Newbury S.C. Trophy	Marcus Hazlewood	Amersham SC
100 Metres Breaststroke	The Bell Trophy	Marcus Hazlewood	Amersham SC
200 Metres Breaststroke	The Ed Bowditch Cup	Marcus Hazelwood	Amersham SC
50 Metres Backstroke	The Amersham Cup	William Rea	Chesham SC
100 Metres Backstroke	The Dick Silver Cup	William Rea	Chesham SC
200 Metres Backstroke	The Roger Pratt Trophy	Dan Barraclough	Amersham SC
50 Metres Butterfly	The Wycombe District S.C. Cup	William Rea	Chesham SC
100 Metres Butterfly	The Bernard White Memorial Trophy	William Rea	Chesham SC
200 Metres Butterfly	The Berkshire Trophy Centre Cup	Dan Barraclough	Amersham SC
100 Metres Ind Medley	No trophy currently		
200 Metres Ind. Medley	The Reading Parents Cup	Dan Barraclough	Amersham SC
400 Metres Ind. Medley	The Jim Sapey Cup	Ewan Laing	BWSC

TEAMS

Men's Freestyle Team	The Gower Pools Silver Cup	BWSC "A"
Men's Medley Team	The Taylor Silver Cup	BWSC "A"
Boys Freestyle Team	The C.F.Sage Cup	No Championship Held
Boys Medley Team	The C.F.Sage Cup	No Championship Held

AGGREGATE TROPHIES

Men's Club Aggregate	The Ellen Trophy	BWSC
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AGE GROUP

Boys Aggregate	The Lambert Shield	Alexander Cawthorne	Reading SC
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