

BERKSHIRE & SOUTH BUCKINGHAMSHIRE ASA 21ST ASA OPEN MASTERS

(A sub region of the ASA South East Region)

You are invited to take part on
SATURDAY 16 OCTOBER 2010

AT

MAGNET LEISURE CENTRE MAIDENHEAD

Holmanleaze, Maidenhead, Berkshire SL6 8AW

(Under ASA Laws and Technical Rules)

Information and entry procedure

The Magnet has a 25m, 8 lane pool with A.O.E. The pool is accredited for British, European, and World records.

There will be 2 sessions. Provisional times are: Session 1 - 12.30 warm up for 1.15pm start. Session 2 - 5.00pm warm up for 5.45pm start. It should finish around 8.30 – 9:00pm. Final session times will be published with accepted entries.

All results will be heat declared winners, no finals will be swum. Heats will be seeded in time order, irrespective of age, slowest to fastest. The 200m individual events will be swum in mixed heats, but there will be separate men's and women's awards.

The results will be posted to the web site www.bsbase.org and sent to the ASA, for entry into rankings and the Decathlon.

Age Groups: Seniors 18/24 A-25/29 B-30/34 C-35/39 D-40/44 E-45/49 F-50/54
G-55/59 H-60/64 J-65/69 K-70/74 L-75/79 M-80/+

Seniors must be at least 18 yrs on the date of the competition. All other ages are at the 31st December 2010.

Each competitor may only compete for one club at the meet. Entries must be made on the official entry form, or enter and pay online (via Paypal, Credit or Debit card) at www.bsbase.org There is an additional flat rate fee for online entry of 50p. This covers (in part) the amount PayPal charge us for processing payment. Online entrants will of course save the costs of an envelope and stamp!

Individual events are : 200m, 100m & 50m on all four strokes. 100m and 200m Individual Medley.

All relays are 4 x 50m. Ages are: 120 Yrs+, 160 Yrs+, 200 Yrs+, and 240 Yrs+

Mixed relays consist of 2 ladies and 2 men. Ages are 160 Yrs + and 200 Yrs+.

Masters and seniors can swim in the same relay teams

ENTRY FEE: £4.00 for individual events. £6.00 for relay teams (Fees unchanged since 2005)
*£8.00 for relay entries on the day *

All entries MUST be received by the closing date – Midnight, Saturday 18 September 2010. In the case of online entries, payment must also be made by the closing date. Relay entries will be accepted on the day of the meet, but must be received no later than 10 minutes prior to the start of the warm up for the relevant session.

Depending on the volume of entries we may need to reject entries for the 200m events to keep to the time available, whilst still accepting entries to the other events. Entries to 200m events will be accepted on a first come first served basis. It is most unlikely that any further rejections will be necessary, but if this the case we would do the same with the 100m events.

Medals will be awarded for the first three in each age group and for the winner of each age group relay team.

A trophy will be awarded to the club with the most points. Points will be awarded 8,7,6,5,4,3,2,1 for places 1,2,3,4,5,6,7,8

Prizes will be awarded to the top 3 female and male swimmers of the meet (masters only). This year we will be using a points based method with age adjusted points calculated using the same method as the British Swimming Master Decathlon Competition. The awards will be made based on the points for the best five swims (of any distance and stroke combination).

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Information and entry procedure - cont

All swimmers must be registered with the ASA and be responsible for their own health and safety, and to the best of their knowledge be physically fit and able to compete in masters events.

No cards will be issued. Confirmation of accepted entries will be posted on the BSBASA website (www.bsbasa.org) as soon as possible after the closing date (this should be no later than 2 October). If you do not have access to the internet and would like to receive confirmation of accepted entries, please enclose a stamped addressed envelope with your entry form.

Competitors should check the confirmation of accepted entries carefully. Most errors can be corrected prior to the meet. It is most unlikely that errors will be corrected on the day.

The meet will be run on a “registration basis” for individual events. That is, individual competitors will need to sign in for each event that they have entered to signify that they are present and intend to swim in that event. Registration will close at the start of the warm up of the session concerned. Swimmers who have not registered prior to the start of the warm up may be able to swim in any empty lanes in the first heat, but otherwise will not be able to swim. Full details of the registration process will be included in the confirmation of accepted entries (either on-line or by post).

Relay team declaration cards must be collected from Rob Moore on the day of the meet. The names of the swimmers in each team must be “declared” on the cards and then returned to Rob Moore prior to the start of the warm up for the relevant session. Teams who do not complete and return relay declaration cards in time will not be eligible to swim.

Please send completed entry forms to

Rob Moore

Treetops,

22 Heatherdene Avenue,

Crowthorne,

Berks., RG45 6AA

Telephone 01344 752106

email: countymasters@bsbasa.org

Queries to Rob Moore as above, or the meet organiser Duncan McCreadie at countymasters@bsbasa.org (or 07970 626678).

Order of events

SESSION 1. Warm up 12.30 for 13.15 start		SESSION 2. Warm up 17.00 for 17.45 start	
Event No.	Event Name	Event No.	Event Name
1	Mixed 200m Freestyle	22	Mixed 200m Backstroke
2	Men's 100m Breaststroke	23	Men's 100m Fly
3	Ladies 100m Breaststroke	24	Ladies 100m Fly
4	Men's 50m Backstroke	25	Men's 50m Freestyle
5	Ladies 50m Backstroke	26	Ladies 50m Freestyle
6	Mixed 200m Fly	27	Mixed 200m Breaststroke
7	Men's 100m Freestyle	28	Men's 100m Backstroke
8	Ladies 100m Freestyle	29	Ladies 100m Backstroke
9	Men's 50m Breaststroke	30	Men's 50m Fly
10	Ladies 50m Breaststroke	31	Ladies 50m Fly
11	Mixed 100m Individual Medley	32	Mixed 200m Individual Medley
12	Men's 120yrs Freestyle Team	33	Men's 120yrs Medley Team
13	Ladies 120yrs Freestyle Team	34	Ladies 120yrs Medley Team
14	Men's 200yrs Freestyle Team	35	Men's 200yrs Medley Team
15	Ladies 200yrs Freestyle Team	36	Ladies 200yrs Medley Team
16	Men's 160yrs Medley Team	37	Men's 160yrs Freestyle Team
17	Ladies 160yrs Medley Team	38	Ladies 160yrs Freestyle Team
18	Men's 240yrs Medley Team	39	Men's 240yrs Freestyle Team
19	Ladies 240yrs Medley Team	40	Ladies 240yrs Freestyle Team
20	Mixed 160yrs Freestyle Team	41	Mixed 160yrs Medley Team
21	Mixed 200yrs Medley Team	42	Mixed 200yrs Freestyle Team

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Individual entry form

NAME		ASA REG No
CLUB		DOB
ADDRESS		AGE GROUP
		SEX Male/Female
		TEL No
POST CODE	EMAIL ADDRESS	

Entry Times:

Please submit times for a 25m pool.

If you do not have an entry time, please make an estimate.

Event		Entry time	Event		Entry time
25/26	50m Freestyle		2/3	100m Breaststroke	
7/8	100m Freestyle		27	200m Breaststroke	
1	200m Freestyle		30/31	50m Fly	
4/5	50m Backstroke		23/24	100m Fly	
28/29	100m Backstroke		6	200m Fly	
22	200m Backstroke		11	100m Ind Medley	
9/10	50m Breaststroke		32	200m Ind Medley	

I certify the information on this entry form is correct and I agree to abide by the conditions laid down by the B&SBASA

Signature of competitor or Club Official.....

Number of individual entries @ £4.00 each Fee enclosed £

No entries will be accepted without the appropriate entry fee. Cheques made payable to B&SBASA

Please send your completed entry form and cheque to,

Rob Moore

Treetops,

22 Heatherdene Avenue,

Crowthorne,

Berks., RG45 6AA

Telephone 01344 752106

email: countymasters@bsbasa.org

Closing date – Midnight, Saturday, 18 September 2010

BERKSHIRE & SOUTH BUCKINGHAMSHIRE ASA 21ST OPEN MASTERS

Team entry form

NAME OF CLUB (IN FULL)		
TEAM ORGANISER/CAPTAIN		
ADDRESS		
POST CODE	TEL No	MOBILE No
EMAIL ADDRESS		

Entries:

Please submit entry times for a 25m pool. If you do not have an entry time, please make an estimate.

Event	Entry Time	Event	Entry Time
12	Men's 4x50 Freestyle – 120 Yrs+	13	Ladies 4x50 Freestyle – 120 Yrs+
37	Men's 4x50 Freestyle – 160 Yrs+	38	Ladies 4x50 Freestyle – 160 Yrs+
14	Men's 4x50 Freestyle – 200 Yrs+	15	Ladies 4x50 Freestyle – 200 Yrs+
39	Men's 4x50 Freestyle – 240 Yrs+	40	Ladies 4x50 Freestyle – 240 Yrs+
33	Men's 4x50 Medley – 120 Yrs+	34	Ladies 4x50 Medley – 120 Yrs+
16	Men's 4x50 Medley – 160 Yrs+	17	Ladies 4x50 Medley – 160 Yrs+
35	Men's 4x50 Medley – 200 Yrs+	36	Ladies 4x50 Medley – 200 Yrs+
18	Men's 4x50 Medley – 240 Yrs+	19	Ladies 4x50 Medley – 240 Yrs+
20	Mixed 4x50 Freestyle 160 Yrs+	41	Mixed 4x50 Medley 160 Yrs+
42	Mixed 4x50 Freestyle 200 Yrs+	21	Mixed 4x50 Medley 200 Yrs+

I certify the information on this entry form is correct and I agree that all Team members will abide by the conditions laid down by the B&SBASA. I agree to complete and return relay Team declaration cards on the day of the meet.

Signature of Club Official.....

Masters and Seniors may compete in the Team events. Mixed Team events will be 2 men & 2 women swum in any order. Swimmers may swim in more than one Team age group.

Number of team entries @ £6.00 each Fee enclosed £

No entries will be accepted without the appropriate entry fee. Cheques made payable to B&SBASA

If paying by post, please send your completed entry form and cheque to,

Rob Moore

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22 Heatherdene Avenue,

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