



Berkshire & South Buckinghamshire Amateur Swimming Association

(Sub regional body of the ASA South East Region)

County and Age Group Championships 2010

(Under ASA Laws and ASA Technical Rules)

Order of Events

Session 1 Maidenhead - 27 February

Warm- up 11.00 for 11.45 start

- 1 Boys 11 & under 4 X 50m Medley Team
- 2 Girls BAGCAT 4x100m Freestyle Team
- 3 Boys 200m Individual Medley
- 4 Girls BAGCAT 4x100m Medley Team
- 5 Boys 11 & under 4 X 50m Freestyle Team

Session 2 Maidenhead - 27 February

Warm- up 13.30 for 14.15 start

- 6 Mens Open 4 x 100m Freestyle Team
- 7 Girls 100m Backstroke
- 8 Boys 100m Breaststroke
- 9 Girls 50m Freestyle
- 10 Boys 200m Backstroke
- 11 Girls 400m Individual Medley
- 12 Mens Open 4 x 100m Medley Team
- 13 Girls 100m Backstroke - B Final
- 14 Girls 100m Backstroke - County Championship Final
- 15 Boys 100m Breaststroke - B Final
- 16 Boys 100m Breaststroke - County Championship Final
- 17 Girls 50m Freestyle - B Final
- 18 Girls 50m Freestyle - County Championship Final

Session 3 Maidenhead - 27 February

Warm- up 17.15 for 18.00 start

- 19 Boys 100m Butterfly
- 20 Girls 50m Butterfly
- 21 Boys 200m Breaststroke
- 22 Girls 200m Freestyle
- 23 Boys 100m Butterfly - B Final
- 24 Boys 100m Butterfly - County Championship Final
- 25 Girls 50m Butterfly - B Final
- 26 Girls 50m Butterfly - County Championship Final

Session 4 Maidenhead - 13 March

Warm- up 11.00 for 11.45 start

- 27 Girls 11 & under 4 X 50m Medley Team
- 28 Boys BAGCAT 4x100m Freestyle Team
- 29 Girls 200m Individual Medley
- 30 Boys BAGCAT 4x100m Medley Team
- 31 Girls 11 & under 4 X 50m Free Team

Session 5 Maidenhead - 13 March

Warm- up 13.30 for 14.15 start

- 32 Ladies Open 4 x 100m freestyle Team
- 33 Boys 100m Freestyle
- 34 Girls 100m Breaststroke
- 35 Boys 50m Breaststroke
- 36 Girls 200m Backstroke
- 37 Ladies Open 4 x 100m Medley Team

continued over

Session 5 cont Maidenhead - 13 March**Warm- up 13.30 for 14.15 start**

- 38 Boys 50m Breaststroke - B Final
- 39 Boys 50m Breaststroke - County Championship Final
- 40 Girls 100m Breaststroke - B Final
- 41 Girls 100m Breaststroke - County Championship Final
- 42 Boys 200m Butterfly
- 43 Boys 100m Freestyle - B Final
- 44 Boys 100m Freestyle - County Championship Final

Session 6 Maidenhead - 13 March**Warm-up 17.15 for 18.00 start**

- 45 Boys 50m Butterfly
- 46 Girls 100m Butterfly
- 47 Boys 400m Freestyle
- 48 Girls 200m Breaststroke
- 49 Boys 50m Butterfly - B Final
- 50 Boys 50m Butterfly - County Championship Final
- 51 Girls 100m Butterfly - B Final
- 52 Girls 100m Butterfly - County Championship Final

Session 7 Aldershot - 20 March**Warm- up 18.15 for 18.45 start**

- 53 Boys/Girls 800m Freestyle
- 54 Boys/Girls 1500m Freestyle

Session 8 Maidenhead - 27 March**Warm- up 11.00 for 11.45 start**

- 55 Girls Youth 4x100m Freestyle Team
- 56 Boys Youth 4x100m Freestyle Team
- 57 Girls 400m Freestyle
- 58 Boys 400m Individual Medley
- 59 Girls Youth 4x100m Medley
- 60 Boys Youth 4x100m Medley

Session 9 Maidenhead - 27 March**Warm- up 13.30 for 14.15 start**

- 61 Boys 50m Backstroke
- 62 Girls 50m Backstroke
- 63 Boys 200m Freestyle
- 64 Girls 50m Breaststroke
- 65 Boys 100m Individual Medley
- 66 Girls 50m Breaststroke - B Final
- 67 Girls 50m Breaststroke - County Championship Final
- 68 Boys 50m Backstroke - B Final
- 69 Boys 50m Backstroke - County Championship Final
- 70 Girls 50m Backstroke - B Final
- 71 Girls 50m Backstroke - County Championship Final

Session 10 Maidenhead - 27 March**Warm- up 17.15 for 18.00 start**

- 72 Girls 100m Freestyle
- 73 Boys 100m Backstroke
- 74 Girls 200m Butterfly
- 75 Boys 50m Freestyle
- 76 Girls 100m Individual Medley
- 77 Boys 100m Backstroke - B Final
- 78 Boys 100m Backstroke - County Championship Final
- 79 Girls 100m Freestyle - B Final
- 80 Girls 100m Freestyle - County Championship Final
- 81 Boys 50m Freestyle - B Final
- 82 Boys 50m Freestyle - County Championship Final

**NB - Session times
are provisional and
will be confirmed with
accepted entries**



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Consideration times

GIRLS

	Age	10/u	11	12	13	14	15/16	17+
50m Freestyle		38.40	34.60	32.80	31.80	30.80	30.80	30.80
100m Freestyle	from 200		1.14.4	1.13.0	1.10.5	1.08.6	1.06.7	1.06.5
200m Freestyle		3.03.0	2.48.0	2.33.0	2.29.5	2.26.5	2.25.0	2.23.0
400m Freestyle		6.27.5	5.50.0	5.25.0	5.17.5	5.02.5	5.00.0	4.55.0
800m Freestyle		11.30.0	11.30.0	11.05.0	10.40.0	10.20.0	10.10.0	10.10.0
1500m Freestyle		22.00.0	22.00.0	21.30.0	20.10.0	20.00.0	19.50.0	19.40.0
50m Backstroke		44.0	40.5	37.8	36.8	35.8	35.0	34.8
100m Backstroke	from 200		1.26.0	1.22.0	1.19.5	1.17.5	1.17.0	1.16.5
200m Backstroke		3.27.0	3.08.0	2.57.0	2.51.0	2.47.0	2.44.5	2.40.0
50m Butterfly		43.5	39.2	37.0	36.2	34.8	34.0	34.0
100m Butterfly	from 200		1.27.0	1.24.5	1.20.0	1.17.5	1.15.0	1.15.0
200m Butterfly		3.50.0	3.38.0	3.23.0	3.05.0	2.50.0	2.46.5	2.44.0
50m Breaststroke		49.9	45.8	43.5	41.9	40.0	39.9	39.5
100m Breaststroke	from 200		1.37.0	1.33.5	1.31.0	1.27.0	1.27.0	1.27.0
200m Breaststroke		3.56.0	3.38.0	3.24.0	3.14.0	3.10.0	3.06.0	3.04.0
100m Ind Medley		1.36.5	1.29.5	1.23.5	1.20.00	1.18.2	1.17.7	1.17.2
200m Ind Medley		3.32.0	3.11.0	3.02.0	2.53.5	2.50.0	2.46.0	2.44.0
400m Ind Medley		7.00.0	6.25.0	6.05.0	5.55.0	5.45.0	5.42.0	5.40.0

BOYS

	Age	10/u	11	12	13	14	15/16	17+
50m Freestyle		38.4	34.6	32.3	30.9	29.4	28.3	28.3
100m Freestyle	from 200		from 200	1.13.0	1.09.0	1.04.75	1.00.5	59.0
200m Freestyle		3.05.0	2.53.0	2.37.0	2.25.0	2.17.0	2.13.0	2.10.0
400m Freestyle		6.27.5	6.04.0	5.34.0	5.10.0	4.52.5	4.40.0	4.35.0
800m Freestyle		10.50.0	10.50.0	10.50.0	10.00.0	9.30.0	9.20.0	9.20.0
1500m Freestyle		22.05.0	22.05.0	21.30.0	20.00.0	19.20.0	18.50.0	18.30.0
50m Backstroke		44.0	40.3	38.2	35.3	34.0	32.5	31.5
100m Backstroke	from 200		from 200	1.22.0	1.16.5	1.11.5	1.09.0	1.07.0
200m Backstroke		3.29.0	3.10.0	2.56.5	2.49.0	2.39.5	2.28.5	2.27.0
50m Butterfly		44.0	39.7	37.6	35.5	32.5	31.0	30.5
100m Butterfly	from 200		from 200	1.23.0	1.19.0	1.14.5	1.08.5	1.06.0
200m Butterfly		3.50.0	3.40.0	3.18.0	2.55.0	2.42.0	2.35.0	2.35.0
50m Breaststroke		50.0	46.0	44.0	40.5	38.5	37.0	36.0
100m Breaststroke	from 200		from 200	1.32.0	1.27.5	1.22.5	1.18.0	1.16.0
200m Breaststroke		3.56.0	3.38.0	3.26.0	3.14.0	2.56.0	2.50.0	2.45.0
100m Ind Medley		1.36.5	1.29.7	1.23.5	1.17.0	1.14.0	1.11.5	1.10.0
200m Ind Medley		3.34.5	3.16.5	3.02.5	2.49.0	2.40.5	2.32.0	2.29.0
400m Ind Medley		7.00.0	6.25.0	6.05.0	5.55.0	5.40.0	5.20.0	5.10.0

Notes

Qualification for the 100m events for 10 & under girls and 11 & under boys is by qualifying for the 200m event, ie those with a 200m qualifying time may also enter the 100m event.

Please note that these are consideration times only and depending on the volume of entries it may not be possible to accept all entries from swimmers who have achieved the consideration time. Where this is necessary, swimmers with the fastest times will be accepted taking into account the need to be fair between age groups.